

# PHYSICAL EDUCATION (PE)

## COURSE DETAILS

PE develops students' competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school. Caldew School's high-quality PE curriculum enables all students to enjoy and succeed in many kinds of physical activity. They develop a wide range of skills and the ability to use tactics, strategies and compositional ideas to perform successfully. When they are performing they think about what they are doing, analyse the situation and make decisions. They also reflect on their own and others' performances and find ways to improve them.

Students participate in invasion and net game blocks in Key Stage 4 as well as fitness for life blocks in the fitness suite, athletics and striking games.

### *SETTING ARRANGEMENTS*

The department will be guided by the timetable outcomes but we prefer to organise sets in single gender.

### **ASSESSMENT ARRANGEMENTS**

Students are internally assessed on their ability to develop skills, evaluate and improve, develop physical and mental capacity and make and apply decisions. To pass many of the leadership courses students usually have to satisfy the course tutor that they are competent. For officiating they may have to log a certain amount of hours as a referee, judge or umpire.

### **OTHER DETAILS**

Core PE is a compulsory subject in the National Curriculum and is an important activity in the pursuit of an active healthy, lifestyle. At Caldew School students participate in two hours of core PE each week in Year 10 which will drop to one hour in Year 11.

Students who choose GCSE PE will have extra PE lessons in addition to core PE.

**MR M BUTLER**